**INSULIN ONSET PEAK DURATION CHART**

**Type Name Onset Peak Duration**

**Rapid Lispro 5-15 min 30-60 min 3-4 hrs**

**(Humalog)**

**Aspart**

**(NovoLog)**

**Short Humulin R 30-60 min 2-3 hrs 4-8 hrs**

**(Regular)**

**Novolin R**

**(Regular)**

**Intermediate Humulin N 1-2 hr 4-12 hrs 18-24 hrs**

**Novolin N**

**Insulin NPH**

**\*Humulin 70/30 is a mixure of 70% intermediate and 30% regular; follows closely to the intermediate onset peak and duration times follow those**

**guidelines for this mixture.**

**Long Lantus 1 hr none 24 hrs**

**(Glargine)**

**\*NOTE: Insulin was once manufactured from pork and beef pancreas when animals were slaughtered. Since 2006 beef or pork insulin has no longer been available in the United States.**